

# Clare Orange and Green Set

This set comes from Mullagh, Co. Clare.

**Fig 1: Pass Through & Contrary (Reels 168)**

a	<b>Top Couples</b> with crossed hands <b>advance and retire once, pass through</b> and change places on the other side left shoulder to left (8 bars); top couples repeat from the other side	16
b	<b>Top ladies chain</b> right hand in the center, left hand to left with opposite gent who turns the lady under while dancing anticlockwise in a small circle around her, staying in his home position; ladies dance back to home positions without taking hands; top couples are leading and turn to the side couples on the left into two circles of four	8
c	<b>Contrary:</b> (c1) Both circles dance half way holding hands (4 bars); when the circles are starting to dance back, top gents raise their left arms keep holding hands with the side lady to form an arch for the top lady; the top lady dances anticlockwise below the arch around the top gent, who turns anticlockwise to look behind his lady, finally dancing under his own raised left arm, still holding hands with the side lady until top lady is in home position (4 bars); while the circles are dancing back the side ladies dance straight forward into their home positions followed by side gents, who keep holding hands with top lady until she dances through the arch (c2) Top couples house around with that side couple they have danced the contrary with before (8 bars)	16
d	<b>Top Couples</b> repeat (a) - (c)	40
e	<b>Side Couples</b> repeat a-c twice	80

**Fig 2: Back to Back & Swinging Three (Jigs 264)**

a	All first face into the center for the very first 6 bars of music, then all turn to face own partner for the last 2 bars of music. <b>All</b> start dancing with own partner full turns of <b>back to back</b> twice, left shoulder to left (with backs crossing 4x; 8 bars), while always turning clockwise and facing partner on the other side. <b>All swing</b> partner in waltz hold (8 bars)	16
b	<b>First top gent</b> shows his lady (house inside) and places her on the opposite gent's left side (8 bars); second top couple and top lady swing in three (Little Xmas for 8 bars), while top gent dances backwards to his home position turning clockwise 3x and dances on the spot at the last 2 bars.	8
c	<b>First top gent</b> advances first in front of second top lady and bows (2 bars), dances backwards (2 bars), advances to his own lady and bows (2 bars); while top gent retires to the center (2 bars), the line of three follows; both top couples form Little Xmas and swing (8 bars)	16
d	<b>Contrary:</b> Tops are leading and turn to couples on the left	16
e	<b>All repeat (a): back to back and swing</b> , then second top couple repeats (b) - (c) and all dance the contrary with tops turning to couples on the left again (d)	56
f	All repeat (a-d), first with first side couple leading, finally with second side couple leading	112

**Fig 3: Pass Through & Tilly (Reels 120)**

a	<b>Top Couples</b> are leading and <b>pass through</b> , change places on the other side, left shoulder to left (8 bars) and pass back	8
b	<b>Top ladies chain</b> right hand in the center, left hand to opposite gents who turn the ladies under and follow; ladies dance back to home positions without taking hands	8
c	<p><b>Top couples</b> pass through and back again like in (a), then turn to left side couples to form the <b>Tilly</b> in two circles (8 bars):</p> <p>(c1) each top gent and top lady passes left shoulder to left on their home positions while joining left hands low and keeping them; top ladies turn slightly anticlockwise around top gent to look into the center of her circle, while top gent dances through the inside to join right hands with the side lady and shows his back to the center; at the same time side gents step forward and turn slightly anticlockwise to show the back into the center of his circle, joining right hand in right with top lady and left hand in left with own lady; in both circles now ladies are looking inside and gents outside their circles.</p> <p>(c2) both circles dance clockwise half way (4 bars) and back; when starting to dance back gents immediately raise their right arms and turn below it to face into the center, all still keep holding hands and dance back to the starting point (4 bars), gents arriving with crossed hands and untie them at the last bar to take their own lady's left hand with their right hands and with their left hand the side lady's right hand</p> <p>(c3) all stay on the spot and dance it out (8 bars)</p>	24
d	<b>All dance the Contrary</b>	16
e	<b>Side couples</b> are leading now and repeat (a) - (b), with sides turning to the left and top couples turning to the right when dancing the Tilly (c) and Contrary (d)	56

**Fig 4: Stars & Turn the Lady 4x (Polkas 120)**

a	All <b>lead around</b> crossed hands, gents turn the lady and <b>swing</b> in waltz hold	16
b	All <b>ladies</b> dance <b>right hand star</b> in a circle half way, then left hand back, while all gents dance to the right (4 bars), turn anticlockwise and dance back to home positions, to join right hands with their own lady and turn clockwise into gents' left hand star, still holding lady's right hand in right (4 bars); all ladies are now standing outside and looking into clockwise direction holding their gents' right hand in right; all gents are standing inside with left hand star and looking into anticlockwise direction	8
c	All couples <b>dance</b> in home position in in this formation balancing <b>into the center and out</b> (2 bars) four times	8
d	All <b>lead around</b> anticlockwise in this formation while <b>gents turn the ladies four times</b> under their right arms, from one quarter position to the next	8
e	Back in home positions all dance the <b>Contrary</b> , tops turning to side couples on the left	16
f	All repeat (a) - (e), now sides leading at the Contrary, turning to top couples on the left	56

**Fig 5: Gallop (Jigs 144)**

a	All <b>house</b> around in waltz hold; all <b>swing</b>	16
b	<b>Gallop:</b> (b1) <b>Tops</b> dance sevens across to opposite positions in waltz hold, first with top gents crossing back to back (2 bars), then sides dance sevens across to opposite positions with side gents crossing back to back (2 bars); (b2) tops dance back to home positions, now with top ladies back to back (2 bars); finally sides dance back to home positions likewise (2 bars)	8
c	<b>Top ladies chain</b> to opposite gents who turn them under, immediately followed by <b>side ladies</b> chaining to opposite gents (4 bars); then top ladies dance back home, right shoulder to right, followed by side ladies likewise (4 bars), while all gents dance on the spot	8
d	All <b>repeat</b> (b) and (c), again with tops leading	16
e	All dance the <b>Contrary</b> , tops turning to side couples on the left	16
f	All repeat from the beginning (a) - (d), now with <b>sides leading</b>	48
g	All dance the <b>Contrary</b> , now sides leading to turn to top couples on the left	16
h	All <b>house</b> to finish	8

**Fig 6: Circle – In & Out (Reels 120)**

a	All <b>circle</b> , advance and retire twice	8
b	All <b>swing</b> in waltz hold	8
c	All couples in waltz hold <b>dance in and out</b> twice (4 bars), then <b>gents</b> face out and dance outside one position <b>to the right</b> , turning clockwise twice, while ladies face inside to dance slightly into the center turning clockwise once in home position (4 bars)	8
d	All <b>repeat</b> (c) with new partners until own partner is back	24
e	All <b>swing</b> own partner	8
f	All <b>repeat</b> dancing in waltz hold <b>in and out</b> twice (4 bars), then <b>ladies</b> dance outside one position <b>to the left</b> , facing outside and turning <u>anti</u> clockwise twice, while gents dance slightly into the center turning clockwise once in home position (4 bars)	8
g	All <b>repeat</b> (f) with new partners until own partner is back	24
h	All <b>swing</b> own partner	8
i	All <b>circle</b> , advance and retire twice	8
j	All <b>house</b> to finish	8

Notes by Marian Mihelic, August 03, 2023, based on a demonstration video with Paidrag and Roisin McEneaney together with their set dancing group, taken from the DVD »Matt Cunningham - Irish Set Dancing Made Easy, Vol. 1« to YouTube ([https://youtu.be/yQoH4\\_Wgghk](https://youtu.be/yQoH4_Wgghk))