

Dublin Set

Fig 1: Interlocked Arches & Starfish (Polkas 160 • 147 bpm)

a	All lead around crossed hands, gents turning the ladies under both arms.	8
b	All swing in waltz hold.	8
c	All circle advance and retire , advance a second time still holding hands while tops turn right and sides turn left (6 bars), building two lines of four. Now top gents release their left hands from side ladies on the left and join hands with the ladies standing opposite to form two circles of four, dancing on the spot for one bar. Tops form an arch at the eighth bar, dancing to the other side lowering their hands in front of them when arriving on the other side (2 bars) and facing the other couple, while sides dance through the arch to the other side raising their <u>inner</u> hands over heads to turn outside and face the other couple, all ending on the other side dancing on the spot (2 bars). <u>On the way back sides form an arch</u> at the fourth bar and tops raise their <u>outer</u> hands over heads to turn outside under the arch (2 bars), all face into the center while only each couple holding inner hands and dancing on the spot (2 bars).	16
d	All holding hands to form again a big circle advance and retire , all advance a second time now tops turning left and sides turning right to build two circles of four	8
e	All repeat (c) now tops forming the arch first , on the way back sides form the arch; after releasing the other couples' hands, each couple hold outer hands and dance it out (2 bars)	8
f	All swing in waltz hold	8
g	All gents end the swing facing out and moving to the centre to join in a right hand star dancing backwards a full circle, while ladies, each on her own, turn to the right and dance one position forward (4 bars), then dance the same way backwards.	8
h	Grand starfish chain: When everybody arrives in home position, all gents stay in the centre facing out, release right hands while each lady stays outside on her lady's position. Each gent joins left hand in left with his own lady and right hand in right with the side lady. (h1) Holding hands, all gents dance out of the centre while all ladies dance into the centre (2 bars). Now all <u>release left hands</u> but holding right hands, all gents turn clockwise on the spot in outer position to face into the centre (2 bars), while all ladies turn clockwise in the centre on the spot to face out, finally all join left hands to close the chain again. (h2) Next all gents dance into the centre while all ladies dance outside (2 bars), after arriving there all <u>release right hands</u> still holding left hands. All turning anticlockwise with gents turning on the spot to face out (2 bars) while ladies turn on the spot to face into the centre. All join right hands to close the chain again. All repeat (h1-h2) until everybody stands one position ahead of home position. There each gent finally joins left hand in left with his own lady, dances into the centre while releasing right hands and turning his own lady under his raised left arm, stepping backwards into gent's position and facing his own lady.	32
i	All swing	8
k	All circle and repeat (c) with tops turning right and sides forming the arch first , on the way back tops form the arch.	16
l	All circle and repeat (d+e) with tops turning left and sides forming the arch first , on the way back tops form the arch.	16
m	All swing in waltz hold	8
n	All house to finish	8

Fig 2: Tilting Bridges & Exchanging Ladies (Jigs 184 • 131 bpm)

a	All circle advance and retire twice	8
b	All gents advance into the center without holding hands, retire and advance a second time, then joining hands to raise up all arms forming a bridge , while all ladies dance under the bridge into the center, join hands on the gents' back and gents lower their hands to the ladies' back to form a big circle	8
c	All dance around clockwise in a big circle by alternately crossing feet: Gents starting with lifting left foot and stepping back into left direction (at 1), staying with the right foot in front and stepping slightly to the left (at 2), then lifting left foot and stepping a bit to the left (at 3), then with the right foot crossing backwards into left direction (at 1), then with left foot in front stepping to the left (to 2) and with the right foot stepping to the left (at 3); repeating that pattern until 8 bars. Ladies start stepping first with the right foot backwards into left direction, followed by the left foot etc. according to the same pattern as described for the gents	8
d	All ladies unlock their hands, then each lady dances into the center on her own (2 bars), then all gents raise their arms to form the bridge and ladies dance under the bridge backwards out into place (2 bars) while all gents lower their arms immediately still holding hands, advancing into the center (2 bars), unlocking hands to retire backwards into place (2 bars) to face partners	8
e	All swing in waltz hold	8
f	All house around	8
g	(g1) Tops cross hands lead half way across into opposite position (4 bars), both couples advance into the centre to exchange partners : (g2) while the couples raise arms opposite dancers join <u>right hand in right and left hand in left</u> , with <u>gents crossing left hand over right hand</u> and <u>ladies' hands are uncrossed</u> ; both ladies move in front of their gents into the other side, between both gents with their backs in front of the side couples (2 bars) and <u>retire with the other gent</u> into their home positions (2 bars). (g3) Then both couples <u>advance</u> , raising their arms while gents and ladies change places in the center (2 bars) to <u>retire</u> with lowered crossed hands back, still with new partners, gents in lady's position and ladies in gent's position (2 bars). Now both couples <u>advance</u> again, <u>change places</u> in the center (2 bars) and retire, with gents and ladies into their normal positions (2 bars). (g4) Both gents lead ladies half way back into gents' original home position (4 bars). (g5) Both couples advance & exchange partners to retire (4 bars) (g6) With original partners both couples lead half way to opposite (4 bars) and back home (4 bars); during the last two bars <u>all gents turn their lady</u> under into waltz hold	32
h	All swing in waltz hold	8
i	All house around	8
k	Sides repeat (g1-g6)	32
l	All swing in waltz hold	8
m	All house around	8
n	All repeat (b) with ladies first dancing on the spot while gents advancing into the center	8
o	All dance around clockwise in a big circle like (c)	8
p	All repeat (d) with ladies advancing first, then gents forming the bridge	8
q	All circle advance and retire twice to finish	8

Fig 3: Squares - Diagonals - Stars & Weaving Chains (Hornpipes 112 • 102 bpm)

a	All dancers are standing in place without holding hands, all gents dance a circle around the lady on the left by dancing forwards inside through the center anticlockwise around the lady on the left and back to own lady (4 bars), while the ladies are dancing on the spot and turn to the left after the 3rd bar facing own partner and joining him in arm hold to dance clockwise to the right corner while each couple turns once, ending with all ladies showing backs outside and all gents showing backs inside the set.	8
b	Staying in arm hold, all couples dance sevens along the square line to the next corner (2 bars) to square the corner while turning clockwise with gents showing finally backs outside the set, all couples dance the square line opposite to home positions to the next corner (2 bars), square the corner again while turning clockwise with gents finally showing backs inside the set to dance along the third square line and square the following corner (2 bars) with gents showing backs outside the set and dance along the home square line into the original starting corner on the right (2 bars), where tops end by facing each other in diagonal direction , and also sides facing each other in diagonal direction, all keeping arm hold.	8
c	Top couples dance in diagonal direction into the center and out once, then across to opposite position inside the set over the right side and turn in opposite into standard position to repeat dancing in and out once and across back to the starting point.	8
d	Sides repeat (c)	8
e	Top couples join into right hand star for a full clockwise circle (4 bars), turn and dance 3/4 back in left hand star . Top gents step out to the right into the corner behind his starting corner while turning the other top lady left hand in left anticlockwise to face each other, with the gents looking into home position. Side couples - while tops turn into left hand star - split with gents dancing forward on the left inside the set and ladies dancing forward on the right to join opposite dancer half way taking left hand in left (2 bars) and changing places, with side gents stepping into the corner in front of his starting corner while turning the other side lady clockwise to face each other, gents looking to the previous starting corner.	8
f	All dance a weaving chain without hands 3/4 around the set, moving forward into the direction everybody is looking to, by passing six dancers to meet the own partner (the seventh dancer) in the corner behind the starting corner. Everybody takes right hand in right and gents turn the lady under anticlockwise into arm hold. All ladies end by showing backs outside the set and gents showing backs inside the set. <i>(The chain starts by passing first each other left shoulder to left, then right shoulder to right and continuing that pattern.)</i>	8
g	All repeat a full <u>square</u> with sevens (b), ending one corner behind the starting corner	8
h	All repeat <u>diagonals</u> from there with in-out and across, now sides leading (c + d)	16
i	All repeat <u>stars</u> with sides leading and tops changing partners (e)	8
k	All repeat the <u>weaving chain</u> (f) with everybody ending in his original starting corner with own partner	8
l	All repeat a full <u>square</u> with sevens (b)	8
m	All house around in arm hold with doubling the last 2 bars	8

Fig 4: Crossing Lines & Waves (Reels 168 • 129 bpm)

a	With crossed hands tops turn right, sides turn left to build two lines of four, advance and retire , then cross over to opposite while gents turn the lady clockwise under both hands, with tops dancing outside and sides dancing inside. Tops now in side position and sides in top position continue to build again a line of four, advance, retire and cross over again with tops dancing outside and sides inside while gents now turn the lady anticlockwise under both hands. All repeat into the same direction until couples are back in home position.	32
b	All dance at home in waltz hold	8
c	All couples advance and retire twice in comfortable country hold	8
d	All dance at home in waltz hold with finally tops lining in into side position at the last two bars to form two lines of four (top gents dance backwards to the left, top ladies dance backwards to the right); all top dancers are at the ends now.	8
e	All couples now in side positions, all gents dance forward into the center to build a line of four (2 bars), while all ladies dance backwards beyond home positions. Then gents dance backwards to home positions (2 bars) while ladies dance forward to home positions; now ladies advance to the center (2 bars) to form a line of four while gents reverse beyond home positions. Then all ladies dance backwards into home positions and all gents dance forward into home positions (2 bars)	8
f	All gents face the new lady <u>on the left</u> , take her right hand in right to dance one full turn around her (4 bars), then form a right hand wheel with opposite couple while crossing to opposite sides, the ladies keep facing each other and gents dancing outside around the new lady into place while holding her raised hand over her head (4 bars).	8
g	All couples have now switched to opposite side, still in side positions and repeat (e)	8
h	All gents face the new lady <u>on the right</u> , take right hand in right to dance one full turn around each other (4 bars). Tops at each ends advance (2 bars), join right hand in right and top gents dance outside around the lady with her raised hand over her head (2 bars), while sides join into right hand star to dance half way into home position with side gents dancing outside around the lady with turning her raised hand over her head into position now back with original partner	8
i	All repeat dancing at home (b)	8
k	All repeat (c) advancing and retiring in comfortable country hold twice	8
l	All repeat (d) dancing at home, now sides lining into top positions at the last two bars	8
m	All repeat (e) dancing forward and backwards in lines of four in top positions	8
n	All repeat (f) with gents again facing the lady <u>on the left</u> to cross over on the other side after the right hand wheel	8
o	All repeat (g) dancing forward and backwards in lines of four in other top positions	8
p	All repeat (h) with gents facing the lady <u>on the right</u> , all dancing one full turn, sides advancing on the outside, tops join in the inside with right hand star dancing into home position	8
q	All dance at home in waltz hold	8
r	All house around in waltz hold to finish	8

Notes by Marian Mihelic, June 21, 2023 based on a recorded TV broadcast of the Dublin set's premiere in 1988 danced by the Draiocht Dancers and produced by Sherlock Studios