

Ballyvourney Jig Set

Baile Bhuirne Jig Set

Memory Aid

Sandwich Structure



5 Figures

1

2

3

4

5

All »slices« are danced in all figures first by tops one after another, sides repeat

Top slice



----- house inside + the BVJ-square -----

(123•Kick – back•back•back23 – half house home)

Fig 5: Sides start from opposite position

Filling



Gents swing ...

one

own lady

(8 bars)

two

first opposite lady then own lady

(8 bars)

three

little Xmas with opposite couple

(16 bars)

four

every lady from the left, last own lady

(8 bars)

All: Reverse Chain

- all partners face each other
 - right hand in right
 - change places
 - chain half way
 - swing in opposite position
- (8 bars)*

Bottom slice



slide in & out + half house to opposite + slide in & out + half house

+ All: house to finish