	#Fig – Memory Aid	Step	Intro	Figure
	Pass Through 1 1 Line of Twos		ners right hand in rigadvance & retire 2x dance A-C with all la A. Tops house arour to opposite gents, s	nd each other B. Tops pass through, turn over right sh & pass back C. All particular in front, advance & retire 2x; all ladies to the right D. All swing E. All circle all ladies back home F. All Swing G. Tops repeat A+B H. All repeat C - F I. Sides adies to the left at C K. All repeat D - F L. Sides repeat I M. All repeat D - F and each other B. Tops right hand in right advance & retire 1x, ladies dance across wing for one turn C. Tops in waist hold lead around one full turn back to place, that hands in the centre D. Tops swing E. Tops repeat A-D F. Sides repeat A-D 2x
3	Lines of Threes	A. Tops house around each other B. Top ladies chain right hand in right, one turn around oppose gent left arm in left; chain back right h in right in the centre; both ladies turn once left arm in left around own gents, with top lady staying at home, while second top lady and first top gent dance to the center C. First top gent and second top lady swing (8 bars) and split to the middle of the comples on the left (seen from home positions) joining into lines of three with hands in the back D. First lady + second top gent advance & retire, advance, bow & retire E. Both lines of threes in side positions A&R 2x; top gent & top lady dances home F. All swing G. Tops repeat A-F with 2nd to gent + 1st top lady swing in centre H. Sides repeat A-F with first side gent on the left and second side lady swinging first and splitting to couples on the left, forming lines of threes in top positions.		chain back right h in right in the centre; both ladies turn once left arm in left with top lady staying at home, while second top lady and first top gent dance intop gent and second top lady swing (8 bars) and split to the middle of the country from home positions) joining into lines of three with hands in the back D. First top ent advance & retire, advance, bow & retire E. Both lines of threes in side op gent & top lady dances home F. All swing G. Tops repeat A-F with 2nd top
4	Cashel Hop 4x	Horn pipe	A. Tops dance half house to opposite, double back home; top gents dance to opp. lady, passing opp. gent in the center left shoulder to left; tops clap hands 3x, stamp feet 4x B. Top gents repeat A with opposite lady, then with own, with opposite, finally with own lady C. Sides repeat A-B D. Tops repeat A-B E. Sides repeat A-B	
į	Long Lead Around 5x	Polka	All lead around, left hands in front, right hands on lady's waist; dancing on the spot at each position	A. Tops house B. Tops slide in & out, half house to opposite, slide in & out, half house home C. Tops house D. Top ladies chain, when returning to own gent both take left hands, gents dance half turn anticlockwise to join right hands in lead around position
	Catch the Bus		All - circle A&R 2x - swing	dance Intro K. Sides repeat A-D L. All dance Intro M. All circle A&R 2x to finish A. All gents dance into center, turn into lead around position, while all ladies dance to next gent on the right; all lead around B. All repeat Intro + A until own partner is back C. All lead around with own partner D. All swing to finish